

Building an Evidence Base for the Future of Genomics

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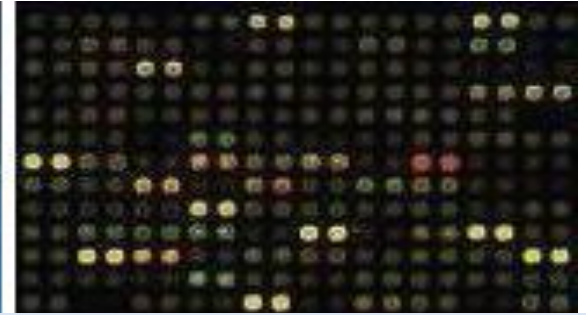


PERSONALIZED MEDICINE

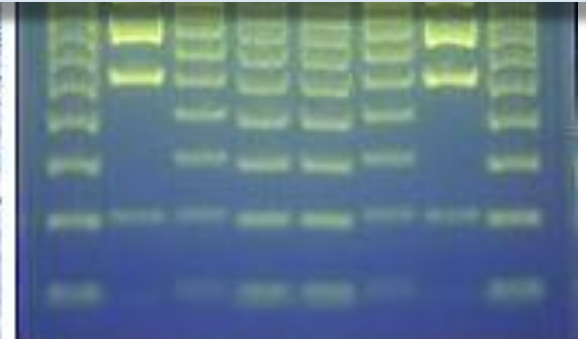


Disclosures

- Research: US National Institutes of Health
NHGRI – NICHD - NIA
US Department of Defense
Broad Institute of MIT & Harvard
- Advisory: AIA, Applied Therapeutics, Helix, Ohana
Biosciences, OptraHealth, Prudential, Veritas
- Co-Founder: Genome Medical - a technology and services company
providing genetics expertise to patients, providers,
employers and care systems (www.genomemedical.com)



What are the barriers to genomic medicine?





Genetic information is toxic.

Participants (or their providers) will misunderstand genomic information.

The harms and costs will outweigh and benefits.

The REVEAL Study

The PGen (DTC) Study

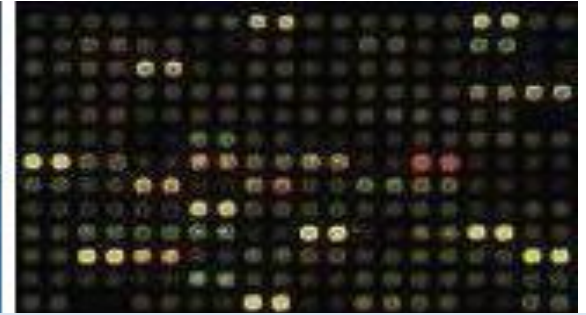
The MedSeq Project

The BabySeq Project

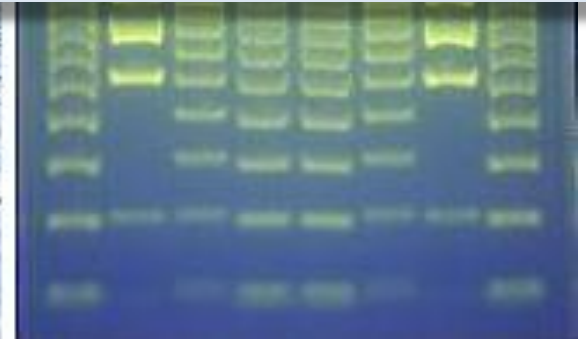


The PeopleSeq Consortium

The MilSeq Project

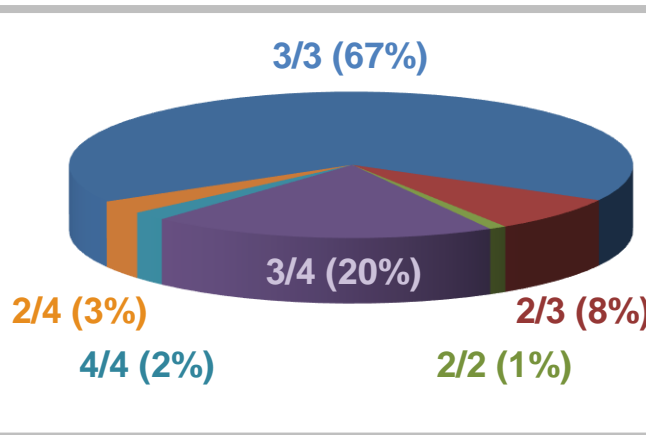


Is genomic information toxic?



REVEAL Study of APOE Disclosure

NIH HG02213 / AG047866 (2000-2019)



HOWARD
UNIVERSITY
College of Medicine

Roberts et al, *Genet Med*, 2004
Cupples et al, *Genet Med*, 2004
LaRusse et al, *Genet Med*, 2004
Zick et al, *Health Aff*, 2005
Eckert et al, *Genet Med*, 2006

Chao et al, *Alz Dement*, 2008
Christensen et al, *Genet Med*, 2008
Fanshawe et al, *Genet Test*, 2008
Cassidy et al, *Alz Dement*, 2008
Chung et al, *Alz Dement*, 2009

Green et al, *NEJM*, 2009
Green et al, *Alz Dement*, 2011
Roberts et al, *Genet Med*, 2012
Christensen et al, *Ann Int Med*, 2016
Christensen et al, *Genet Med*, 2017

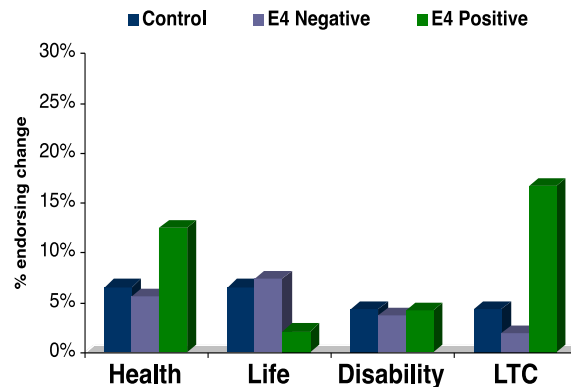
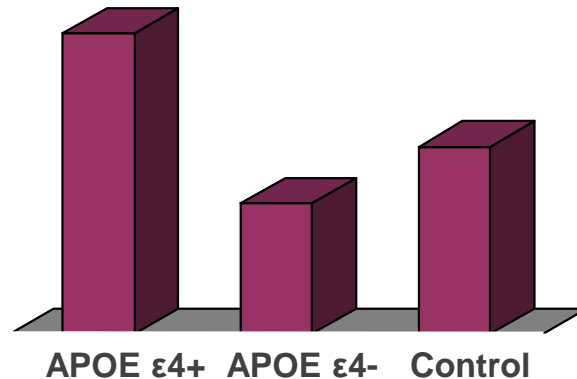
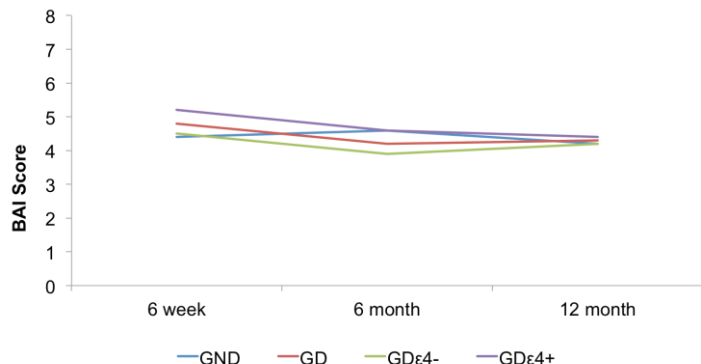
The REVEAL Study: Disclosing APOE Genotype

The NEW ENGLAND JOURNAL of MEDICINE

ORIGINAL ARTICLE

Disclosure of APOE Genotype for Risk of Alzheimer's Disease

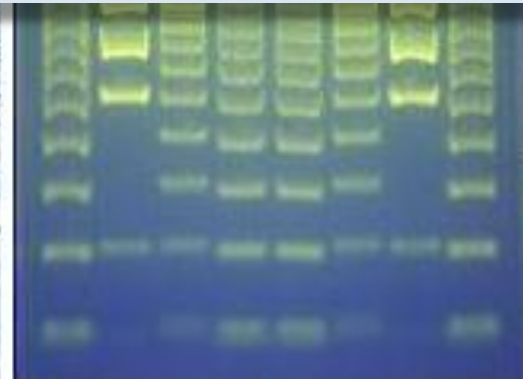
Robert C. Green, M.D., M.P.H., J. Scott Roberts, Ph.D.,
L. Adrienne Cupples, Ph.D., Norman R. Relkin, M.D., Ph.D.,
Peter J. Whitehouse, M.D., Ph.D., Tamsen Brown, M.S.,
Susan LaRusse Eckert, M.S., Melissa Butson, Sc.M., A. Dessa Sadovnick, Ph.D.,
Kimberly A. Quaid, Ph.D., Clara Chen, M.H.S., Robert Cook-Deegan, M.D.,
and Lindsay A. Farrer, Ph.D., for the REVEAL Study Group*



Zick et al, *Health Affairs*, 2005; Chao et al, *Alzheimer's & Dementia*, 2008;
Green et al, *New Engl J Med*, 2009; Taylor et al, *Health Affairs*, 2010



Is genomic information misunderstood?



Impact of Personal Genomics (PGen) Study

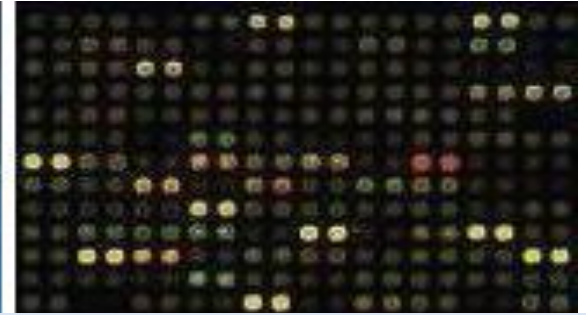
NIH HG005092 (2010-2014)



Green and Farahany, *Nature*, 2014
Ostergren et al, *Publ Hlth Genomics*, 2015
Carere et al, *BMC Med Genetics*, 2015
Van der Wouden et al, *Ann Int Med*, 2016

Krieger et al, *Nature Biotech*, 2016
Carere et al, *Genet Med*, 2016
Gray et al, *J Clin Onc*, 2017
Roberts et al, *Publ Hlth Genomics*, 2017

Landry et al, *J Comm Genet* 2017
Koeller et al, *J Genet Couns*, 2017
Nielsen et al, *BMC Med Genomics*, 2017
Gollust et al, *Milbank Quart*, 2017



How are we using exome and genome sequencing in the current practice of medicine?



REVIEW ARTICLE

Elizabeth G. Phimister, Ph.D., *Editor*

Diagnostic Clinical Genome and Exome Sequencing

Leslie G. Biesecker, M.D., and Robert C. Green, M.D., M.P.H.

SEQUENCING OF THE GENOME OR EXOME FOR CLINICAL APPLICATIONS, hereafter referred to as clinical genome and exome sequencing (CGES), has now entered medical practice.¹ Several thousand CGES tests have already been ordered for patients, with the goal of establishing diagnoses for rare, clinically unrecognizable, or puzzling disorders that are suspected to be genetic in origin. We anticipate increases in the use of CGES, the key attribute of which — its breadth — distinguishes it from other forms of laboratory testing. The interrogation of variation in about 20,000 genes simultaneously can be a powerful and effective diagnostic method.²

In the clinical realm, WES/WGS is currently used most for:

- undiagnosed disease
- and
- treatment of cancer



The problem and opportunity of incidental and unanticipated findings with clinical sequencing

Inherited Cancer Disorders

Hereditary Breast and Ovarian Cancer
Li-Fraumeni Syndrome
Peutz-Jeghers Syndrome
Lynch Syndrome
Familial adenomatous polyposis
Von Hippel Lindau syndrome
Retinoblastoma
WT1-related Wilms tumor
Neurofibromatosis type 2
Tuberous Sclerosis Complex
Multiple Endocrine Neoplasia Type 1
Multiple Endocrine Neoplasia Type 2
Familial Medullary Thyroid Carcinoma
PTEN Hamartoma Tumor Syndrome
Polyposis/Juvenile Polyposis
Hereditary Paraganglioma

Cardiac Disorders

EDS - vascular type
Hypertrophic cardiomyopathy
Dilated cardiomyopathy
Catecholaminergic polymorphic ventricular tachycardia
Arrhythmogenic right ventricular cardiomyopathy
Romano-Ward Long QT Syndromes, Brugada Syndrome
Marfan Syndrome, Loeys-Dietz, Familial Thoracic Aortic Aneurysms

Other: Wilson Disease, OTC, Malignant hyperthermia susceptibility, Familial hypercholesterolemia

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ACMG POLICY STATEMENT

Genetics
in Medicine

ACMG recommendations for reporting of incidental findings in clinical exome and genome sequencing

Robert C. Green, MD, MPH^{1,2}, Jonathan S. Berg, MD, PhD³, Wayne W. Grody, MD, PhD⁴⁻⁶, Sarah S. Kalia, ScM, CGC¹, Bruce R. Korf, MD, PhD⁷, Christa L. Martin, PhD, FACMG⁸, Amy L. McGuire, JD, PhD⁹, Robert L. Nussbaum, MD¹⁰, Julianne M. O'Daniel, MS, CGC³, Kelly E. Ormond, MS, CGC¹¹, Heidi L. Rehm, PhD, FACMG^{2,12}, Michael S. Watson, PhD, FACMG¹³, David T. Miller, MD, PhD¹⁸

The “ACMG 59” monogenic risk genes

ACMG recommendations for reporting of secondary findings in clinical exome and genome sequencing, 2016 update
(ACMG SF V2.0): a policy statement of the American College of Medical Genetics and Genomics

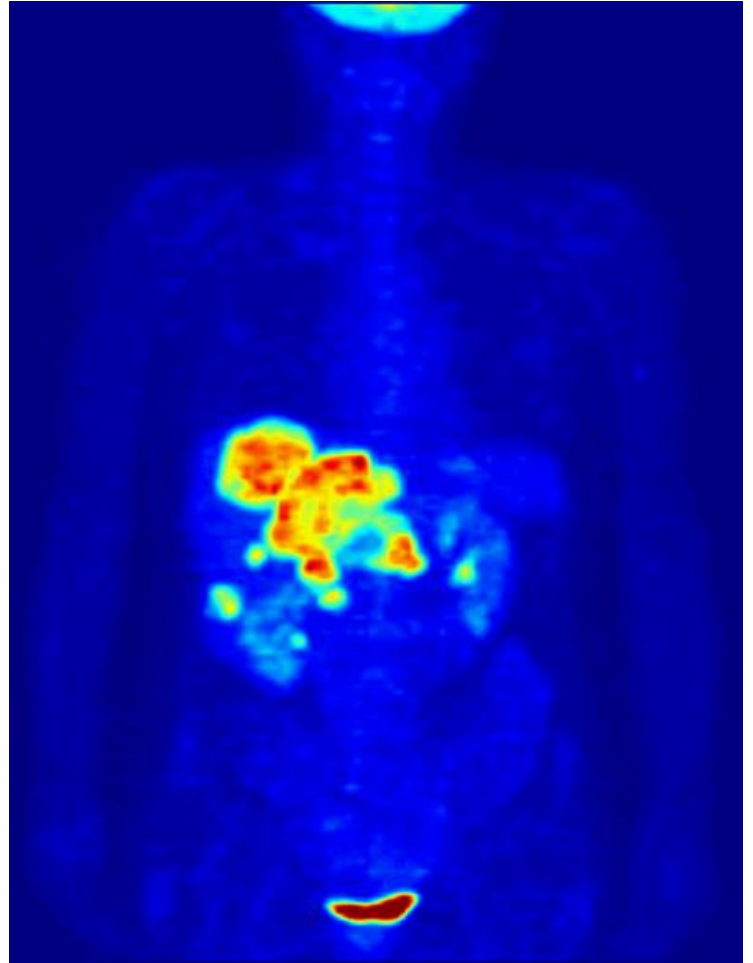
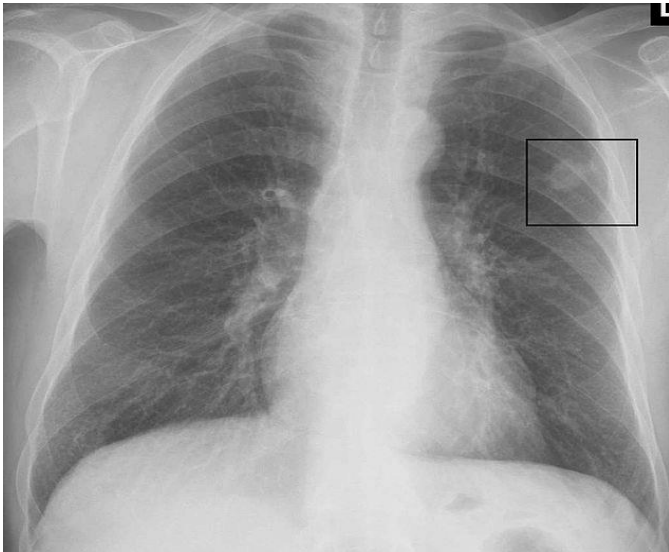
Sarah S. Kalia, ScM¹, Kathy Adelman², Sherri J. Bale, PhD³, Wendy K. Chung, MD, PhD^{4,5}, Christine Eng, MD⁶, James P. Evans, MD, PhD⁷, Gail E. Herman, MD, PhD⁸, Sophia B. Hufnagel, MD⁹, Teri E. Klein, PhD¹⁰, Bruce R. Korf, MD, PhD¹¹, Kent D. McKelvey, MD^{12,13}, Kelly E. Ormond, MS¹⁰, C. Sue Richards, PhD¹⁴, Christopher N. Vlangos, PhD¹⁵, Michael Watson, PhD¹⁶, Christa L. Martin, PhD¹⁷, David T. Miller, MD, PhD¹⁸; on behalf of the ACMG Secondary Findings Maintenance Working Group

Green et al, *Genet Med*, 2013

Kalia et al, *Genet Med*, 2016

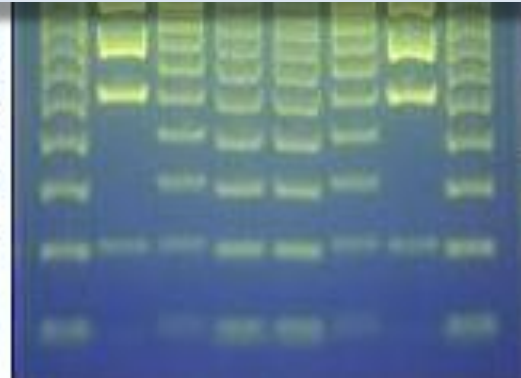
Genome Screening

What is the
right analogy?





**How will large scale research projects manage
unanticipated genomic findings?**

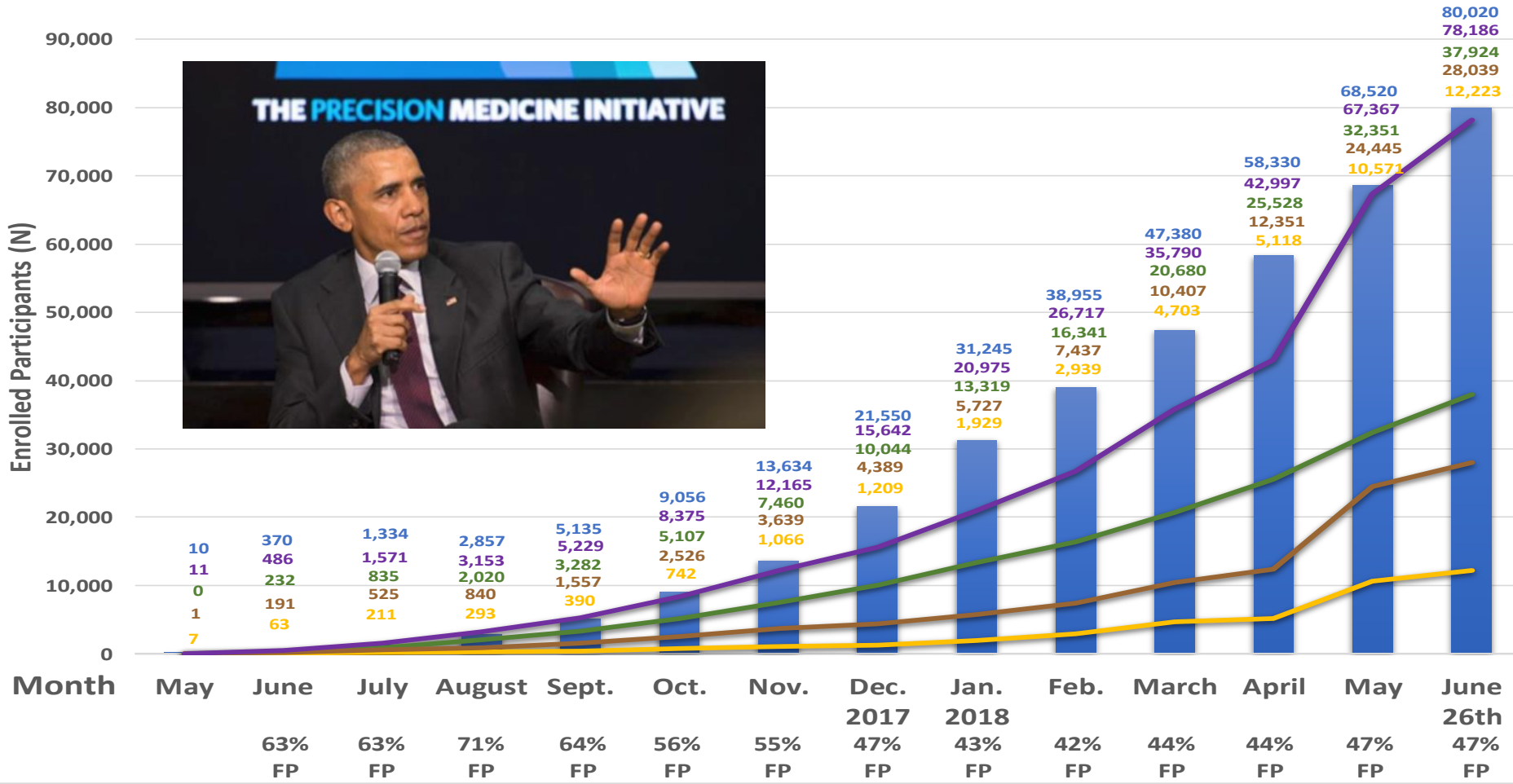


Major US Biobank/Sequencing Research Studies

Study	Recruitment	Sponsor	Focus	Current Return
Geisinger MyCode	200,000+	Industry	Enriched & Healthy	Indication plus 80 monogenic to EHR
Million Veteran	600,000 / 1 million	US Govt	Enriched & Healthy	None except possible pilot
PMI / All of Us	100,000 / 1 million	US Govt	Enriched & Healthy	Considering return of ACMG59, PGx, all data “available”

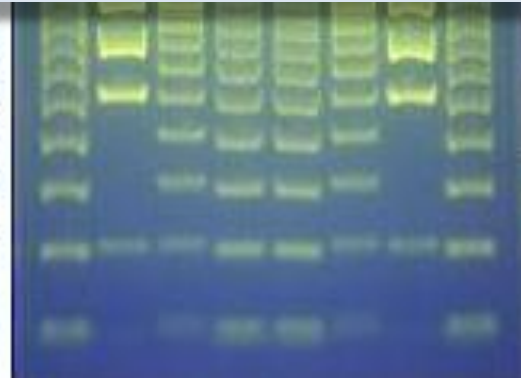
AoU RP Actual and Projected Enrollments: As of 6/26/18

Projected Full Enrollment Full Participant Member Registered Total Enrollment



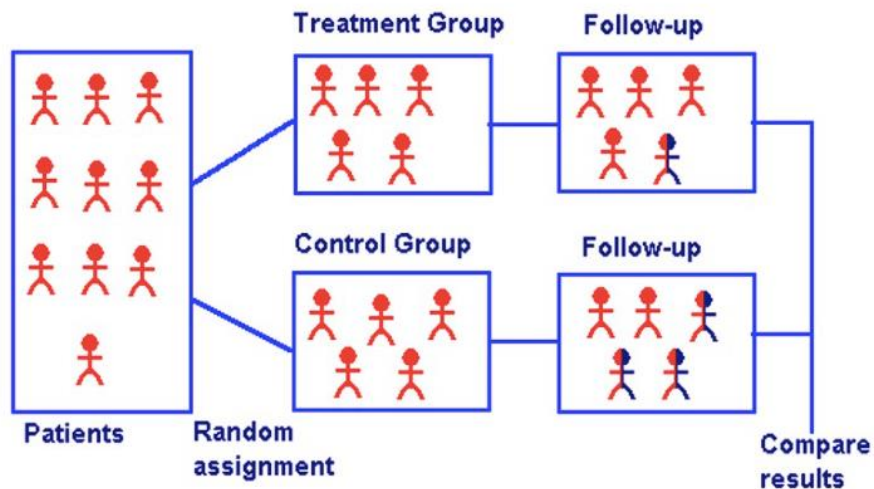


What are the medical, behavioral and economic outcomes associated with unanticipated findings from sequencing?



The MedSeq Pilot Project

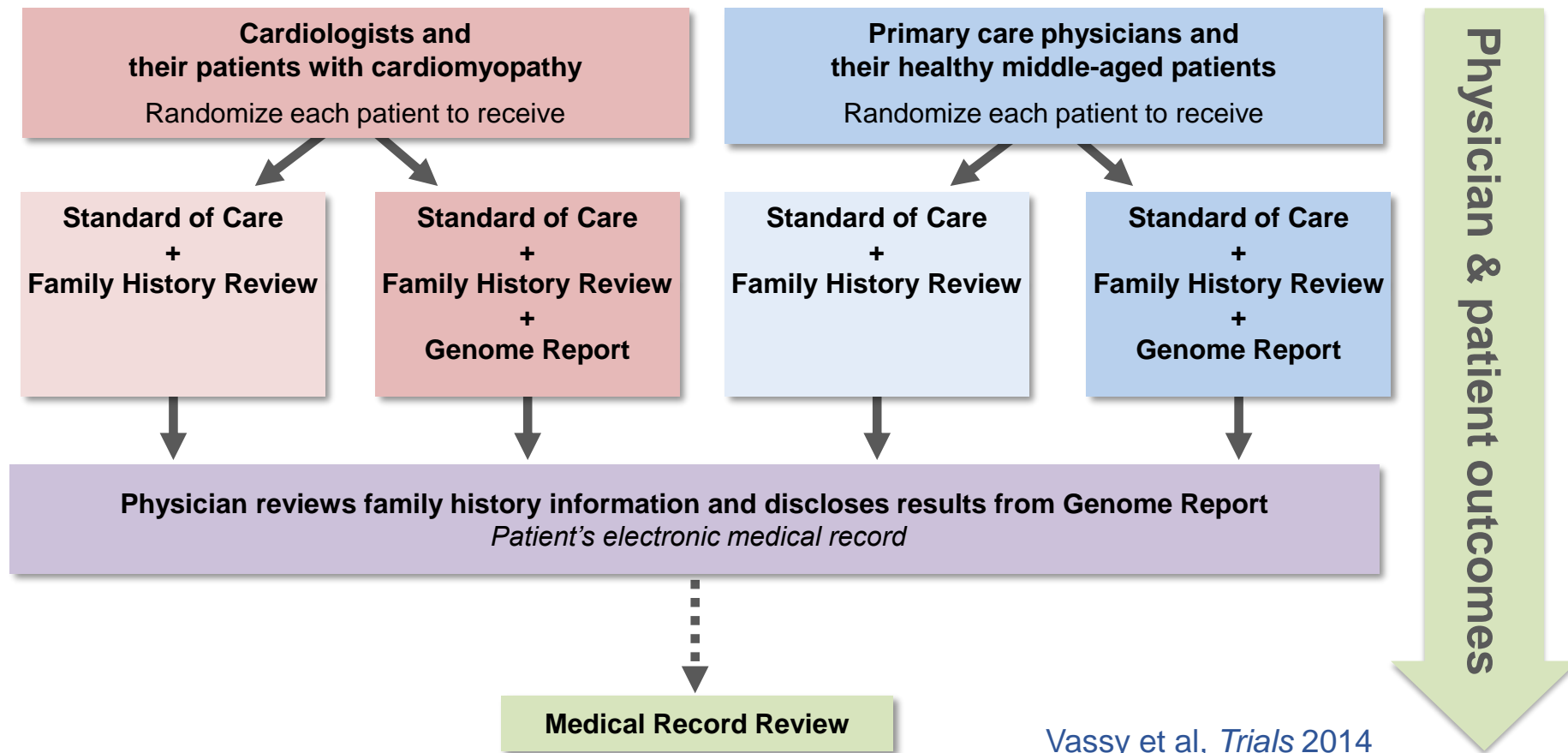
NIH HG006500



GEISINGER



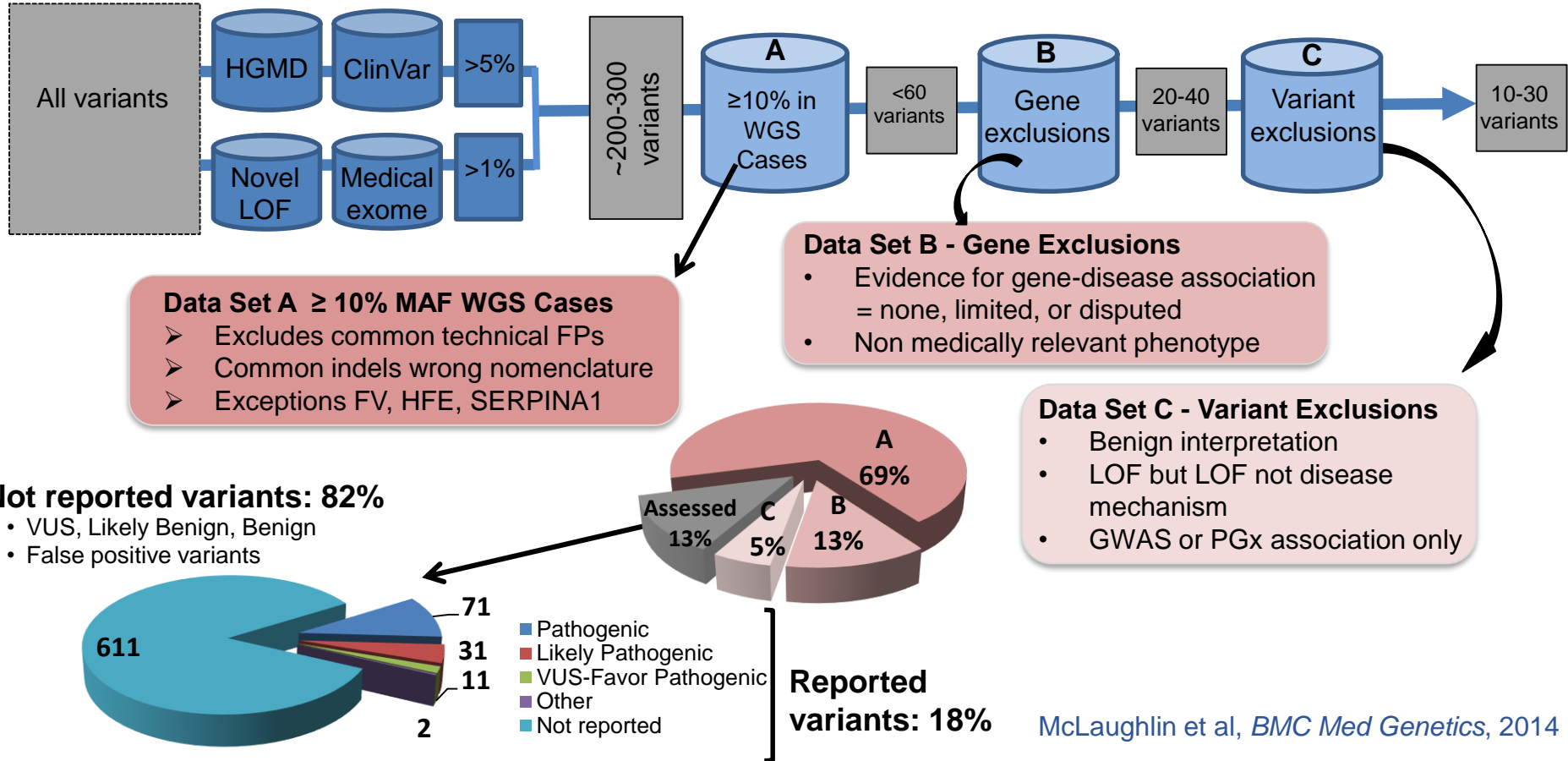
The MedSeq Project



Genome / Exome Filtering Approach

Original filters

Curated Exclusion Datasets



Understandable reporting

- Monogenic risk variants
- Polygenic risk variants
- Carrier variants
- Pharmacogenomic variants
- Blood groups
- Additional Pages...
 - Structured variant data
 - Variant evidence
 - Disease/inheritance
 - Supporting references

Vassy et al, *Trials*, 2014

McLaughlin et al, *BMC Med Genetics*, 2014

Name: **John Doe**

DOB: **01/23/45**

Sex: **Male**

Race: **Caucasian**

Accession ID: **0123456789**

Specimen: **Blood, Peripheral**

Received: **01/23/45**

Family #: **F12345**

Referring physician: **John Smith, M.D.**

Referring facility: **Double Helix Hospital**

GENERAL GENOME REPORT

RESULT SUMMARY

A. MONOGENIC DISEASE RISK: 2 VARIANTS IDENTIFIED

This test identified 2 genetic variant(s) that may be responsible for existing disease or the development of disease in this individual's lifetime.

Disease (Inheritance)	Phenotype	Gene Variant	Classification
A1. Episodic ataxia type II (Autosomal Dominant)	Poor coordination and balance	CACNA1A p.Arg2156GlyfsX32	Pathogenic
A2. Hypertrophic cardiomyopathy (Autosomal Dominant)	Progressive heart failure	MYBPC3 p.Thr148AsnfsX7	Pathogenic

B. CARRIER RISK: 3 VARIANTS IDENTIFIED

This test identified carrier status for 3 autosomal recessive disorder(s).

Disease	Phenotype	Gene Variant	Classification	Carrier Phenotype*
B1. Cystic fibrosis	Chronic lung and digestive disease	CFTR c.1585-1G>A	Pathogenic	Infertility (moderate evidence)
B2. Myotonia congenita	Muscle disease	CLCN1 p.Arg894X	Pathogenic	Latent myotonia (case report only)
B3. Usher syndrome type II	Hearing loss and retinitis pigmentosa	USH2A p.Gly204ArgfsX12	Pathogenic	None reported

As a carrier for recessive genetic variants, this individual is at higher risk for having a child with one or more of these highly penetrant disorders. To determine the risk for this individual's children to be affected, the partner of this individual would also need to be tested for these variants. Other biologically related family members may also be carriers of these variants.*Carriers for some recessive disorders may be at risk for certain mild phenotypes. Please see variant descriptions for more information.

C. PHARMACOGENOMIC ASSOCIATIONS

This test identified the following variants associated with drug use and dosing. Additional pharmacogenomic results may be requested, but will require additional molecular confirmation prior to disclosure.

Drug	Risk and Dosing Information
C1. Warfarin	Decreased dose requirement.
C2. Clopidogrel	Typical risk of bleeding and cardiovascular events.
C3. Digoxin	Increased serum concentration of digoxin.
C4. Metformin	Typical glycoemic response to metformin.
C5. Simvastatin	Lower risk of simvastatin-related myopathy.

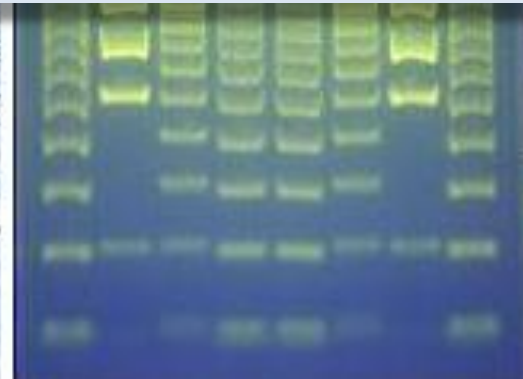
D. BLOOD GROUPS

This test identified the ABO Rh blood type as O positive. Additional blood group information is available at the end of the report.

It should be noted that the disease risk section of this report is limited only to variants with evidence for causing highly penetrant disease, or contributing to highly penetrant disease in a recessive manner. Not all variants identified have been analyzed, and not all regions of the genome have been adequately sequenced. These results should be interpreted in the



MedSeq Project Medical Outcomes



Reported findings from MedSeq Project analysis of variants in ~4600 genes

	Mendelian Disease Risk SFs	Carrier Status SFs	Diagnostic Findings in the Cardiology Cohort
# of patients	21/100 (21%)	92/100 (92%)	24/50 (48%)
Mean reported variants per patient	.21	2.3	0.54
Range of reported variants per patient	0-1	0-7	0-2

Unanticipated monogenic disease risk variants

Gene	Disease	Classification	Phenotype?
<i>RDH5</i>	Fundus albipunctatus (x2)	P	
<i>PPOX</i>	Variegate porphyria	P	
<i>LHX4</i>	Combined pituitary hormone deficiency	P	
<i>HFE</i>	Hereditary hemochromatosis (x2)	P	
<i>COL2A1</i>	Spondyloepiphyseal dysplasia congenita	LP	
<i>ANK2</i>	Ankyrin-B related cardiac arrhythmia	LP	
<i>KCNQ1</i>	Romano-Ward syndrome	LP	
<i>F5</i>	Factor V Leiden thrombophilia	Risk allele	
<i>ARSE</i>	Chondrodysplasia punctata	VUS: FP	
<i>TNNT2</i>	Hypertrophic cardiomyopathy	VUS: FP	
<i>PDE11A</i>	Primary pigmented micronodular adrenocortical disease	VUS: FP	

"White spots" in fundi, difficulty with dark adaptation

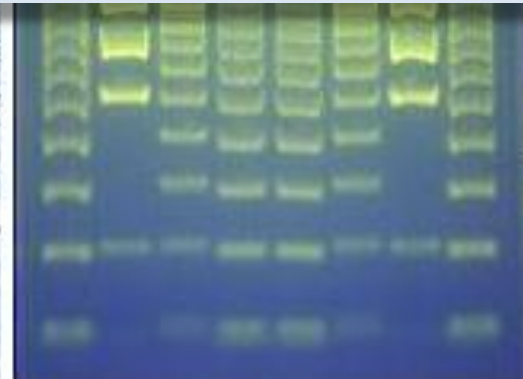
"Odd rashes," family history of photosensitivity

Negative ECG and stress test

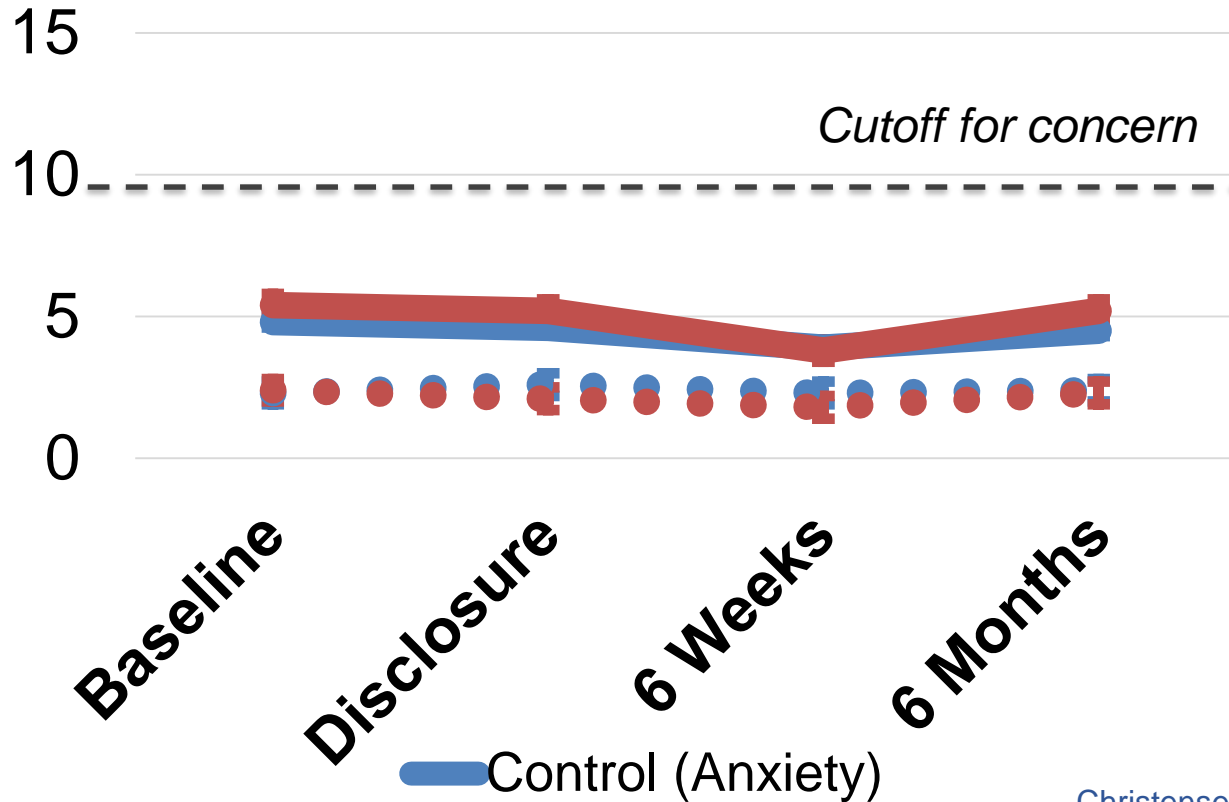
Normal ferritin, elevated transferrin saturation



MedSeq Project Behavioral Outcomes

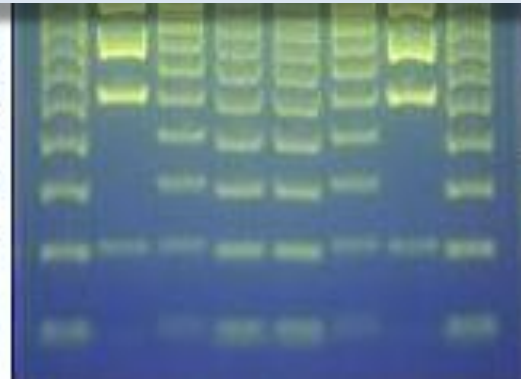


Anxiety and Depression in Whole Genome Sequencing

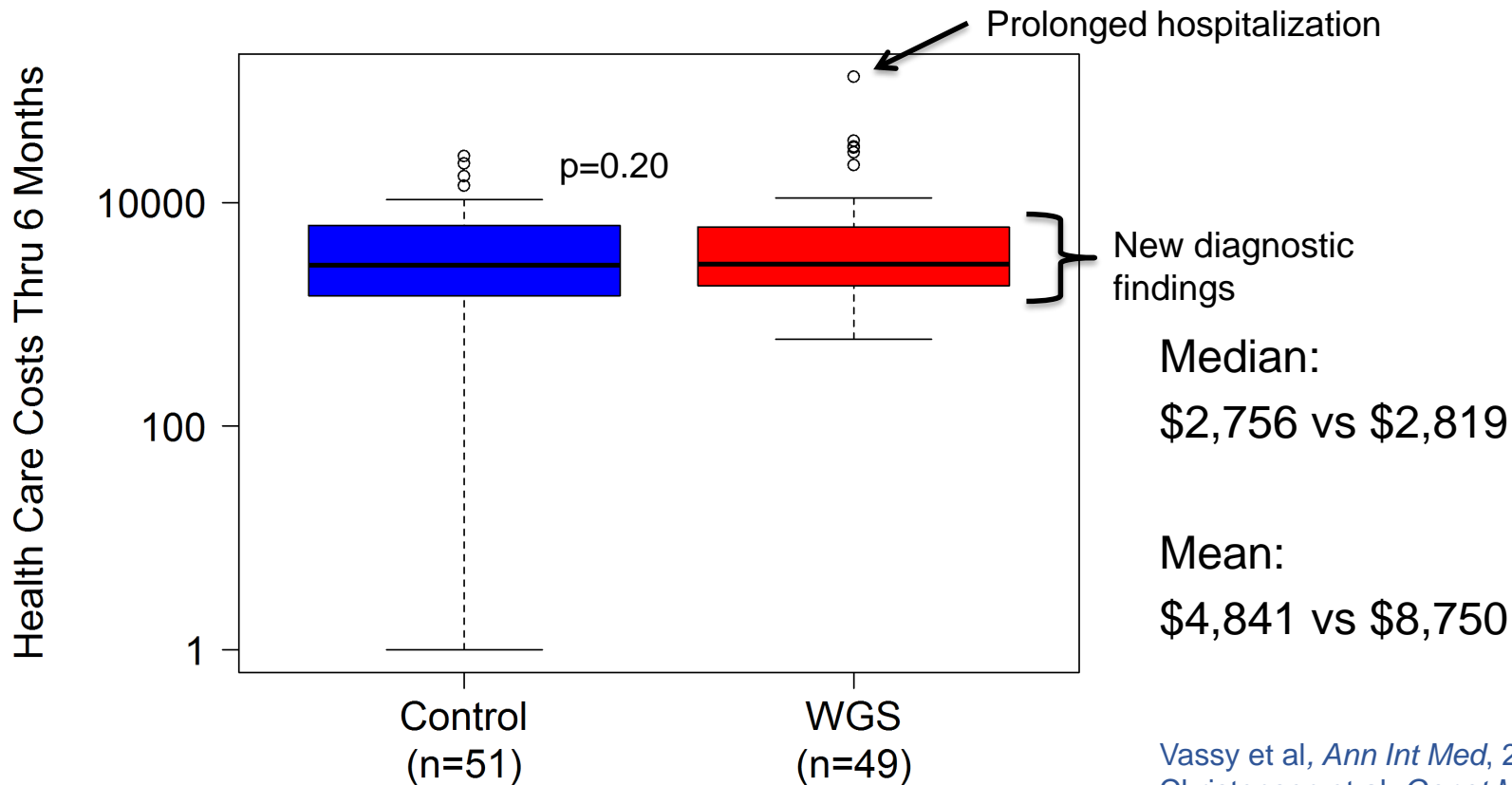




MedSeq Project Economic Outcomes



Medical Costs After Sequencing





NIH NSIGHT Consortium - HD077671 (2013-2018)

“...whether you like it or not, a complete sequencing of newborns is not far away”

Francis Collins, 2012



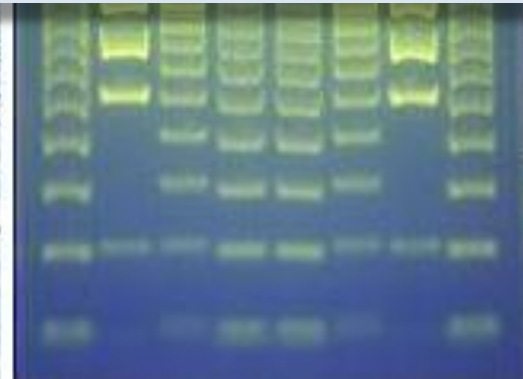
PARTNERS[®]
HEALTHCARE

PERSONALIZED MEDICINE

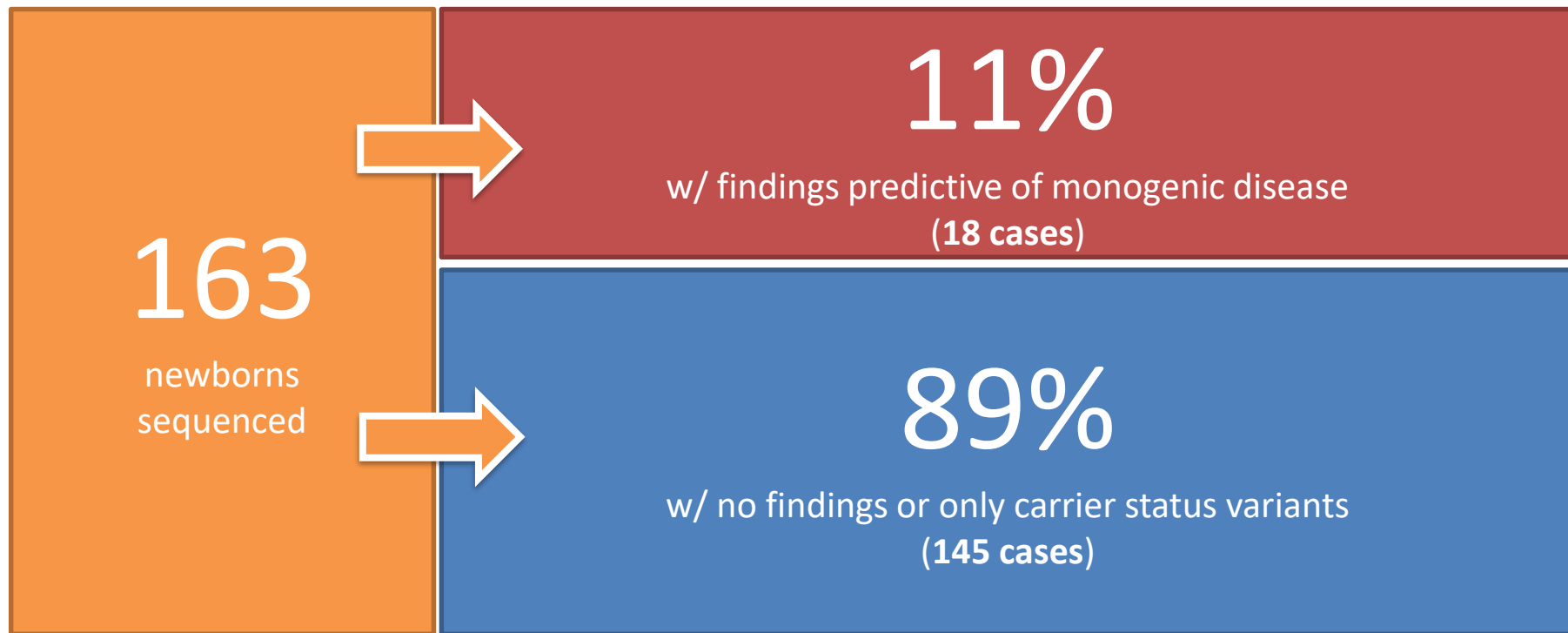
BCM[®]
Baylor College of Medicine



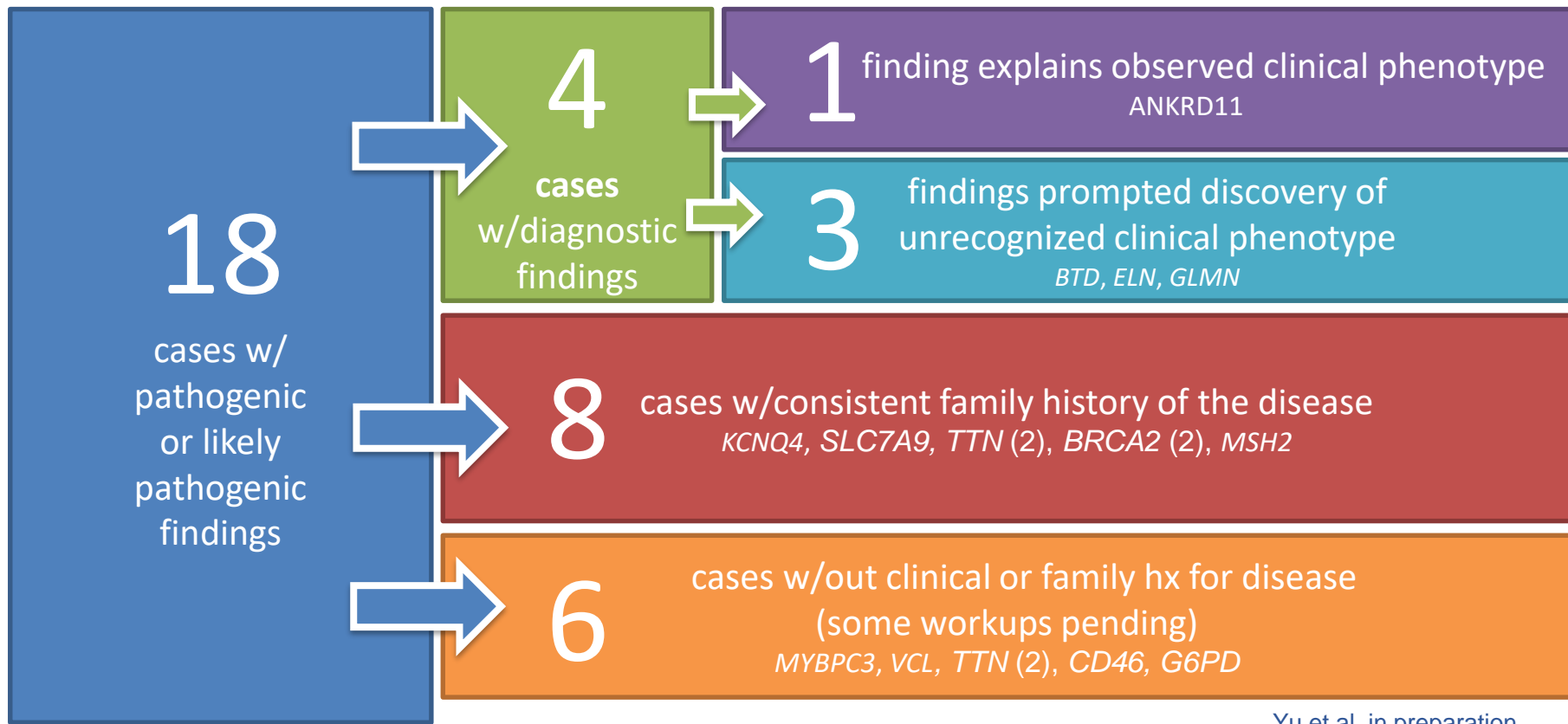
BabySeq Project Preliminary Medical Outcomes



BabySeq Unanticipated Monogenic Disease Risks



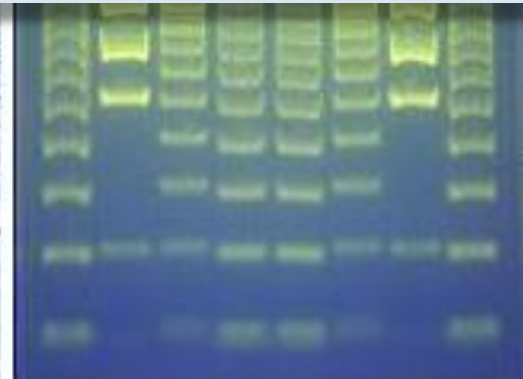
BabySeq Unanticipated Monogenic Disease Risks and Findings



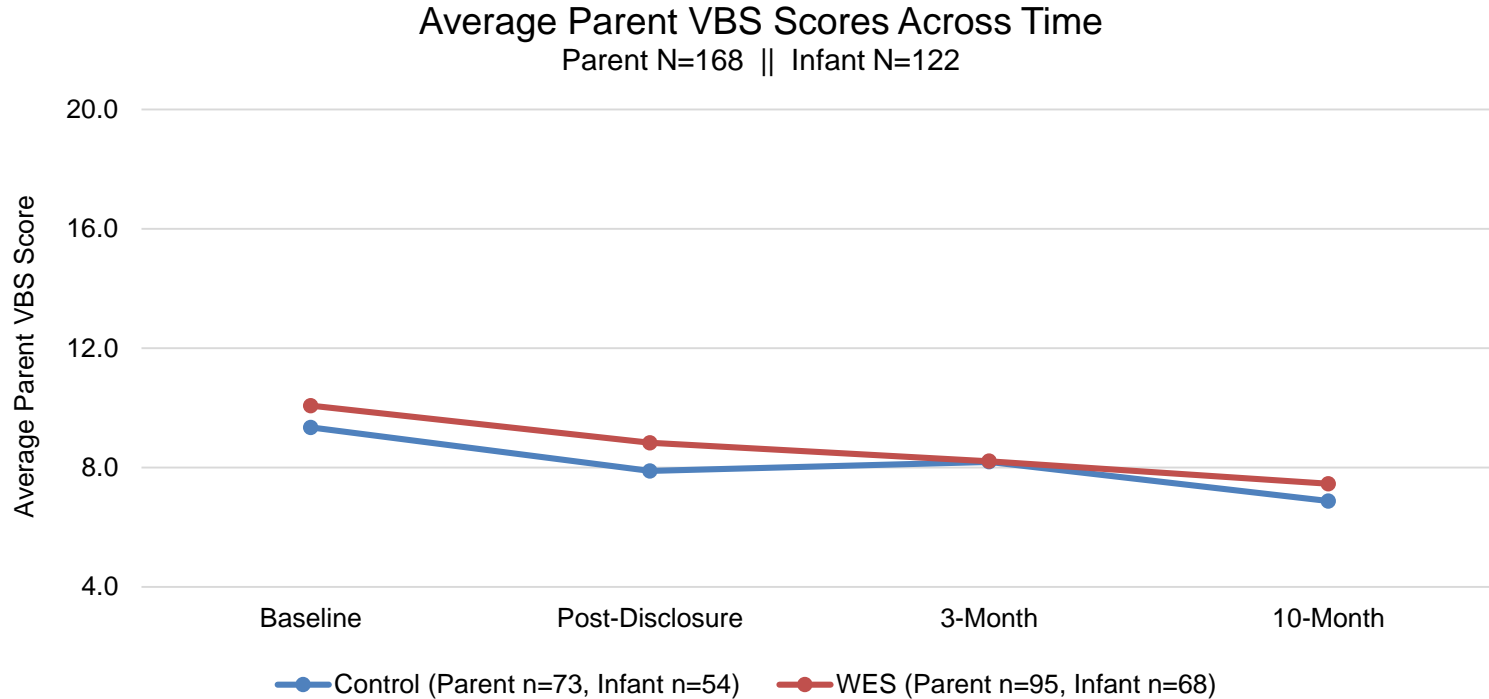


BabySeq Project

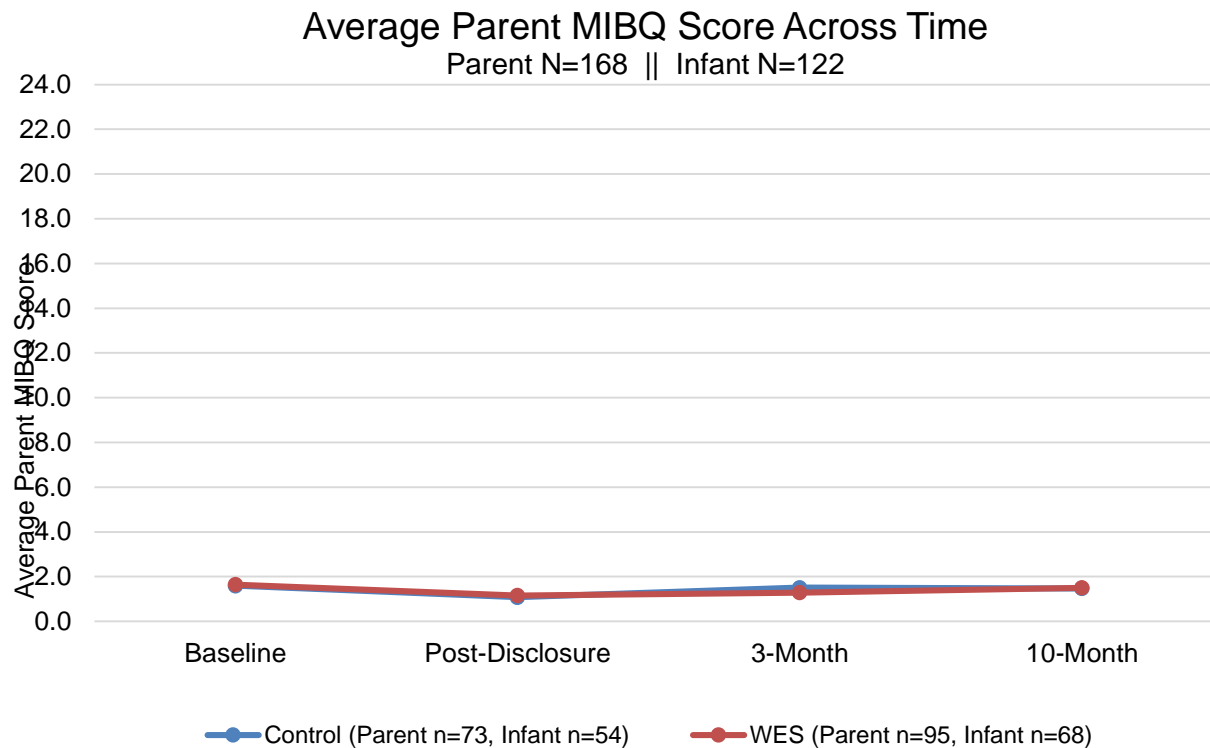
Preliminary Behavioral Outcomes



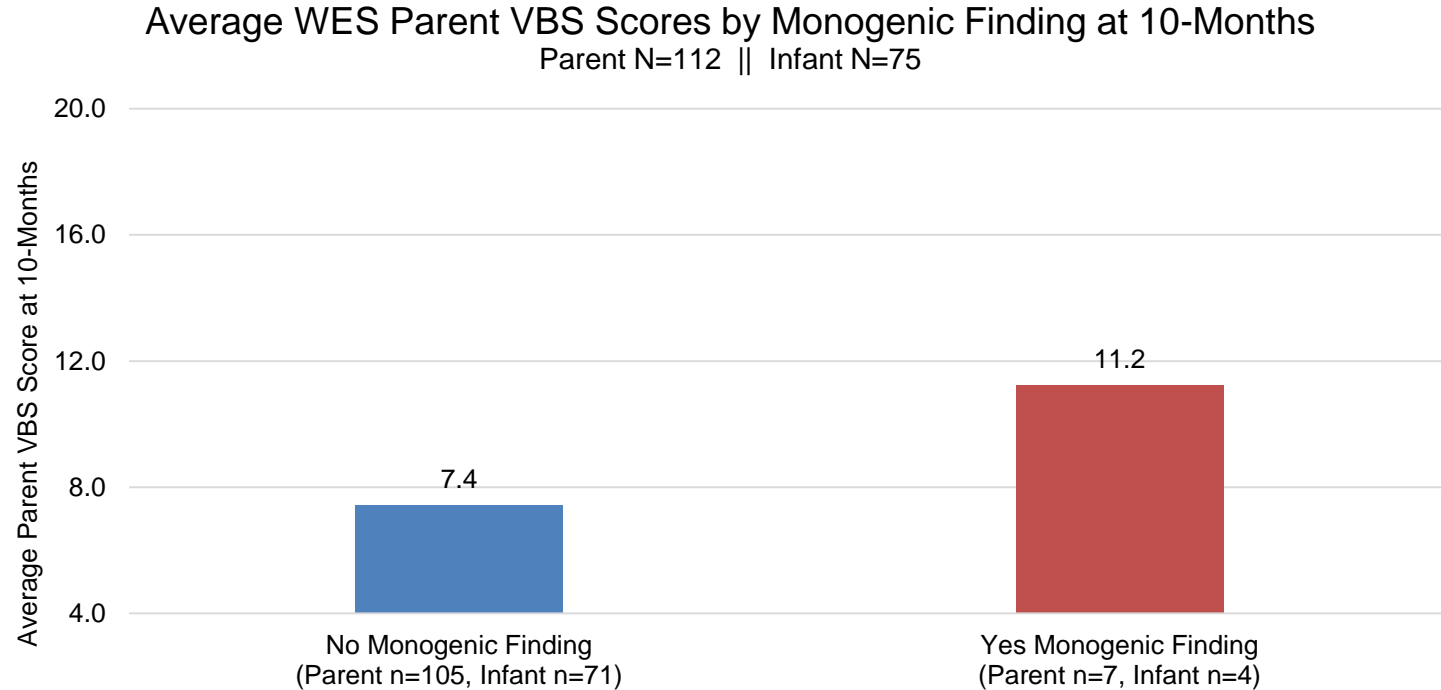
Preliminary data from BabySeq show no difference between randomization arms on Vulnerable Baby Scale



Preliminary results from BabySeq show no difference between randomization arms on Mother Infant Bonding Questionnaire

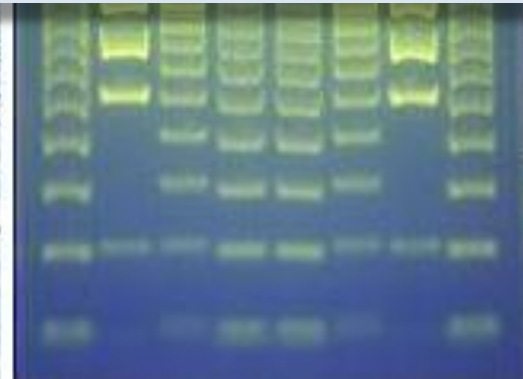


Preliminary results from BabySeq show a difference only at 10 months on the Vulnerable Baby Scale in parents whose baby had a monogenic disease risk finding

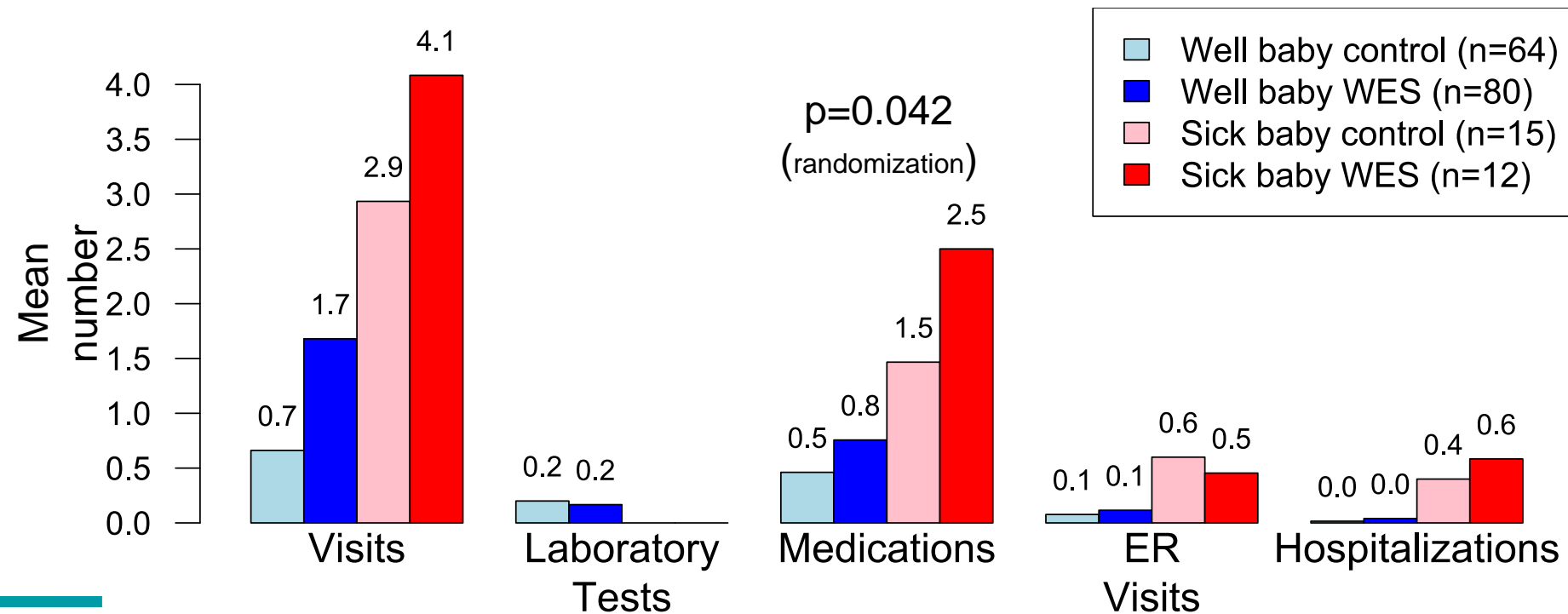




BabySeq Project Preliminary Economic Outcomes

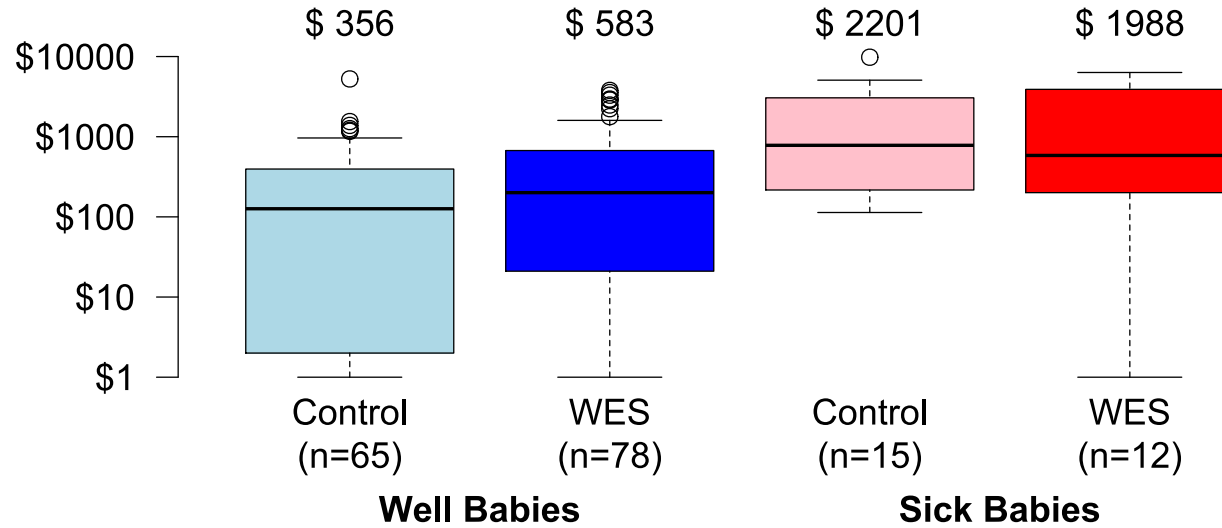


Babies in the WES arm appear to be receiving more services in the 3 months post-disclosure



Overall expenditures are trending higher when babies receive sequencing

3-Month Total Downstream Costs

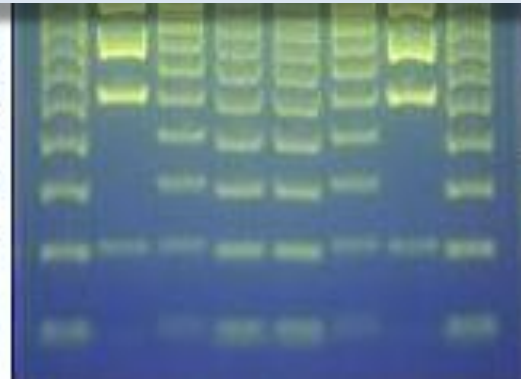


But wait, there's more!





The Challenge of Penetrance



HUMAN GENETICS

Aggregate penetrance of genomic variants for actionable disorders in European and African Americans

Framingham Heart Study (N=462)
and Jackson Heart Study (N=3218)

Pradeep Natarajan,^{1,2,3*} Nina B. Gold,^{2,4*} Alexander G. Bick,^{2,3,5*} Heather McLaughlin,^{2,6,7}
Peter Kraft,⁸ Heidi L. Rehm,^{2,6,7} Gina M. Peloso,^{2,3} James G. Wilson,⁹ Adolfo Correa,¹⁰
Jonathan G. Seidman,^{2,5} Christine E. Seidman,^{2,5,11,12} Sekar Kathiresan,^{1,2,3†} Robert C. Green^{2,3,7,11†‡}

Genes	Observed	Expected		SIR	P
Framingham Heart Study					
All ACMG Genes	4/5 (80.0%)	0.62/5 (12.4%)		6.4 (1.7-16.5)	<0.001
Cancer	2/2 (100%)	0.47/2 (23.5%)		13.0 (1.5-47.0)	0.006
Cardiovascular	2/3 (66.7%)	0.46/3 (15.3%)		4.2 (0.5-15.4)	0.06
Jackson Heart Study					
All ACMG Genes	7/26 (26.9%)	1.4/26 (5.4%)		4.7 (1.9-9.7)	<0.001
Cancer	3/12 (25.0%)	0.7/12 (5.8%)		4.3 (0.9-12.6)	0.03
Cardiovascular	4/14 (28.6%)	0.8/14 (5.7%)		5.1 (1.4-12.0)	0.004

The Power of Small Data



Population screening



Newborn
sequencing

- Robust monogenic risk identified in 11-18% of 3 separate populations screened with the full Mendeliome.
- Consistent reassurance that psychological distress rare among individuals/families electing risk information.
- Previously undiscovered medical abnormalities, and medical benefits in multiple domains identified in one-quarter of those with positive monogenic findings.
- Downstream medical costs are increased, but modestly.
- Penetrance of Mendeliome may be higher than anticipated over long time frame and with directed (non-EHR) phenotyping.
- In combination with polygenic risks, reproductive risks, pharmacogenomic risks and novel uses such as blood typing, the genome can provide tremendous (aggregate) value today.

The MedSeq Project Team



Project Leadership

Robert Green, MD, MPH (PI)
Zak Kohane, MD, PhD
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The BabySeq Project Team



Leadership

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Tim W. Yu, MD, PhD
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Amy L. McGuire, JD, PhD

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Joel Krier, MD
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Thank you !

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